



Ahoy matey! Dress up and come on board for an evening packed full of fun and games at your local library. Make your own pirate eye patch and hat, hear some tall tales, join in the games and enjoy pirate food on the house!

Starts at 6.00pm at the following libraries:

HEYFIELD - Wed 17 June

Phone: 5148 2644

MAFFRA - Thurs 18 June

Phone: 5147 1052

ROSEDALE - Thurs 18 June

Phone: 5199 2547

SALE - Thurs 18 June

Phone: 5144 2258

YARRAM - Thurs 18 June

Phone: 5182 5135

STRATFORD - Fri 19 June

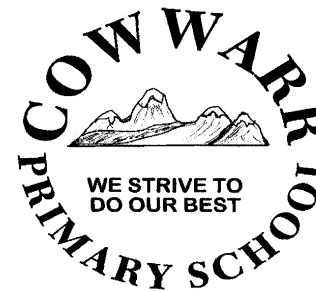
Phone: 5145 6403

Cost is free!

Suitable for primary school children.

Bookings essential for catering purposes.

Enquiries: 5142 3368



Cowwarr Primary School

No. 1967

Church Street

Cowwarr. 3857

Telephone: (03) 5148 9271

Facsimile: (03) 5148 9422

Email: cowwarr.ps@edumail.vic.gov.au

Principal: Helen Hellenen

Cowwarr Communicator

www.cowwarrps.vic.edu.au

June 11th 2009

Issue 17

Calendar

NSW Competitions- Spelling - 23rd June 2009

State wide School Closure Day- Friday 12th June 2009

School Council-Thursdays 18th June 2009

Term 2 ends on Friday 26th June 2009

Tuckshop

'Tasty and tantalising' Hot Dogs. Thank you to Fiona and Simon Mitchell and Gail Mounsey for the preparation of tuckshop this week.

University of New South Wales Competitions

The next subject is Spelling on Tuesday June 23rd 2009.

School Closure Days

Friday June 12th 2009 has been declared a student free day for staff to work on the half yearly reports, the school will be closed for students on this day.

Musica Viva

Next Tuesday, the children will travel by bus to the Heyfield Hub to participate in 'musica viva'. For the past few music lessons the children have been involved in this program where music is brought to 'life' for both children and teachers. The program has three integrated components: live music, professional development for teachers and music activities. The live music is by a group of three in a cappella group. They are accompanied by a guitar, percussion instruments and a vibraphone. With influences ranging from music of Brazil, traditional Celtic folk songs and European cabaret this cappella group is sure to be a lively experience. The program begins at 1.15pm until 2.45pm. (If parents would like to collect their children from Heyfield they will need to send a note prior to Tuesday and be in Heyfield before 2.45pm.)

Maffra Secondary Transition Day

Maffra Secondary School is having a transition day for Grade 6 children on Tuesday 23rd June 2009 (next week). If there is any Grade 6 student who would like to attend please let me know as soon as possible.

Thank you

Thank you to Judith Stone and Brian Burleigh for spitting the wood for the wood raffle. Thanks also to Mal Stewart and Ed O'Brien for delivering this wood.

Active After School Program

This week is the last week of Active After School Program for this term. This program will recommence in the second week of term-Tuesday 21st July 2009.

School Council

School Council will take place next Thursday 18th June 2009 in the school staffroom.

School Holidays

School will be dismissed on Friday 26th June 2009 at 2.00pm. Children may wear casual clothes on this day.

School Newsletter

If you would like a copy of the newsletter emailed to you could you please let Barb at the office know via email at cowwarr.ps@edumail.vic.gov.au. The newsletter is also put on our website each week at www.cowwarrps.vic.edu.au

Enjoy the weekend. Chilly...

(Mrs) Helen Hellenen

Community News

MAFFRA SECONDARY COLLEGE

MINI-TRANSITION DAY
TUESDAY 23RD JUNE
11.00-1.15

ALL GRADE 6 STUDENTS INVITED!!!

- Catch the bus to school! (Unless you go to Maffra Primary or St. Mary's)
 - Meet and get to know the Grade 6 students from other schools
 - Experience being in a year 7 classroom and doing year 7 work
 - Order your lunch at the canteen or bring your own



Don't Beat About the Bush!

Mental Health Drought Initiative
Responding to depression in Rural Communities

Many rural areas have been impacted by the drought and other recent events, leaving many communities and individuals feeling stressed as result of the tough times. While stress isn't depression, acute distress associated with ongoing difficulties may be a risk factor for depression if it persists.

More than one million people in Australia experience depression, anxiety or a related substance use disorder each year. With depression affecting one in five people at some point in their adult life, it's likely to impact on every community.

In response to this important issue, *beyondblue* has developed Mental Health Awareness training sessions for your community and invites community leaders, local business owners and other interested community members to attend. The training not only aims to increase awareness of depression, anxiety and related drug and alcohol use, but will also look at the impact on communities and where to get help.

The workshop will be presented in an interactive style by a *beyondblue* Accredited Rural Workforce Trainer. The workshop will focus on rural communities/workplaces and will provide information, via DVD presentations and discussion.

Workshop Topics

- What causes depression and how it can be effectively treated.
- What is it like to live with depression?
- How to recognise depression and related disorders
- How to approach someone you're concerned about (This will be facilitated through the use of a written case study.)
- What resources are available from *beyondblue* and in the local community?
- How can you extend these messages in your local community

The training is FREE. There are only 25 places so register your interest now.

Date: 15th June 2009
Time: 6.00pm– 9.30pm (light dinner provided)
Venue: Glengarry Primary School
RSVP: Before 10.00am 15th June 2009 to Jessica Versluis
Phone: (03) 5126 2899 CWGDGP
Email: reception@cwgdogp.com.au

For further information contact;

Julie D'Angelo Kaik – CWG Division of General Practice

jdangelokaik@cwgdogp.com.au ph: (03) 5126 2899

Meg Teague- Latrobe Community Health Service

meagan.teague@lchs.com.au ph: (03) 5171 1427