



The Heart of Gippsland

MEDIA RELEASE

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Floorball Added to Winter Sports

Floorball, the exciting new game gripping Australia, is now available at the Bishop Phelan Stadium in Sale.

“Floorball is a fast paced indoor team sport that is similar to ice hockey,” said Mr Mark Benfield, Sports and Fitness Co-ordinator for Wellington Shire Council.

“It is played on a basketball court in runners, without contact and using a lightweight plastic stick and ball.”

Wellington Shire Council is adding Floorball to its winter line up of indoor sports which include netball and soccer.

“Floorball is exciting, action packed sport suitable for all abilities. Due to it being an indoor sport it can be played all year round,” said Mr Benfield.

Over the past 30 years Floorball has taken Europe by storm and has recently been recognised by the International Olympic Committee. It is played in all the major cities with Australia competing in the World and Asia Pacific Championships.

“To start with we will have clinics and fun, social games of Floorball. If there is a lot of interest we will look at starting a comp,” said Mr. Benfield

The Floorball clinics will start on 4 June and will be held on Thursdays from 6.30pm for anybody who shows up.

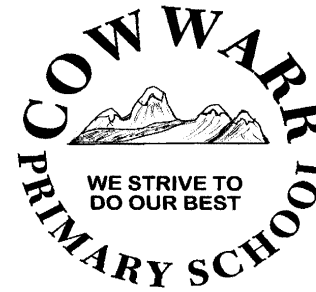
“We also have a range of more traditional indoor sports on offer for winter,” said Mr Benfield.

Registration for the winter season of indoor netball and indoor soccer close on 27 May. The Soccer and Netball seasons start on 1 June.

Men's and Mixed Soccer is on Mondays, Women's Netball is on Tuesdays, Mixed Netball is on Wednesdays and Junior soccer will be held on Fridays.

“We are also looking for referees for the above competitions so if you are keen to earn some extra cash give us a call,” said Mr Benfield.

Registration forms for Soccer and Netball are available on the Wellington Shire website at www.wellington.vic.gov.au . For more information on Netball, Soccer or Floorball please contact Aqua Energy on 5142 3700.



Cowwarr Primary School

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May 28th 2009

Issue 15

Calendar

First Aid training for Grade 3-6- May 29th

School Council - 18th June 2009

Tuckshop-Thursday June 11th

NSW Competitions- Science- June 10th, Spelling - 23rd June 2009

State wide School Closure Day- Friday 12th June 2009

Term 2 ends on Friday 26th June 2009

Wood Raffle

DRAWN TOMORROW AT 2.50pm

Have you sold all your raffle tickets? If you have please return the ticket butts with the money in a named sealed envelope. **The family who sells the most tickets will be eligible for a box of chocolates.** So sell plenty! School Council President Mal Stewart will deliver the wood! **The raffle will be drawn tomorrow at 2.50pm.**

Tuckshop

Tuckshop today was Fried Rice. Delicious! Thank you to the following parents for their preparation- Kylie Gallagher and Debbie Iseppi.

School Photos

Thank you to all parents for having the children looking so terrific for the school photographs! We look forward to receiving them!

University of New South Wales Competitions

This week 10 children took part in the University of New South Wales- Computer Skills competition. This is the first year of this subject and we are very pleased with the interest. The next subject is Science on June 10th 2009.

School Closure Day

Friday June 12th 2009 has been declared a student free day for staff to work on the half yearly reports.

First Aid

Tomorrow, Friday 29th May from 1.00-3pm the children in Grades 3-6 will be participating in a First Aid Course developed and presented by Kathy Sunnus, an approved presenter. We would be delighted if parents could assist on the day. (we only had one parent last week) This week we will be concentrating on the management of cuts, sprains, fractures and snake bite using bandages, dressings and slings. Also nosebleeds and shock. Enjoy the photographs of last week's session that showed the children learning about CPR and the Emergency Action Plan- the correct telephone numbers to ring.



School Newsletter

If you would like a copy of the newsletter emailed to you could you please let Barb at the office know via email at cowwarr.ps@edumail.vic.gov.au. The newsletter is also put on our website each week at www.cowwarrps.vic.edu.au

Have you heard our radio advertising highlighting the wonderful education in Rural Schools! Listen to 3TR between 8.00-9.00am and 3.00-4.00pm daily! The children in Grade 5/6 involved in their Confirmation-enjoy your special day! Thank you to Geraldine Morgan for their preparation.

Enjoy the weekend.
(Mrs) Helen Hellenen

Parent Club News

Reminder - Sock It To You Fundraiser-Warm Feet Warm Toes

Orders will be sent off next Wednesday so if you don't have your order in by then you will miss out.



Community News



HEYFIELD OUTREACH

Exciting Opportunity!

An opportunity exists for people eligible under the Parents Returning to Earning program to undertake *Certificate 1 in Information Technology in Heyfield*. This course covers Word, Excel, PowerPoint & more & is excellent for anyone wanting to return to work. Funding will cover all tuition fees & may cover other associated costs. Course commencing June/July so call me as soon as possible to check eligibility & register!

Anne Hellyer
Heyfield Outreach Co-Ordinator
East Gippsland Institute of TAFE
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Kilmany UnitingCare

**Having trouble with difficult behaviors?
Information for Parents and families**

SNAP



How does SNAP® help?

Children sometimes act without thinking. Sometimes they can't tell you why they acted the way they did. For many kids this means when they get angry, things can get out of control, leading to conflict at home and at school, and stress for the whole family.

SNAP helps kids to understand and manage their angry feelings and to think before they act, finding appropriate ways to calm down and generate effective solutions to their problems, "at a *snap* of their fingers". They learn to express how they are feeling, what they want, and how they plan to get it, without getting in trouble! SNAP helps kids avoid fighting, handle peer pressure, stop stealing and play fairly. At the same time it helps parents to not only successfully support their children to manage their behaviour, but to better respond to conflict situations with their children calmly, appropriately and effectively.

For more information about Kilmany Uniting Care visit : www.kilmany.org.au
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